



# Northwood Community Primary School PSHE Long-Term Plan 2024 2025



Year Group	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Self-regulation: My feelings	Building relationships: Special relationships	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	My family and friends	Managing Self: My Wellbeing
Year 1	Introduction lesson Family and relationships	Family and relationships Economic wellbeing	Safety and the changing body	Safety and the changing body Citizenship	Citizenship Health and wellbeing	Health and wellbeing Transition lesson
Year 2	Introductory lesson Family and relationships	Family and relationships Economic wellbeing	Safety and the changing body	Safety and the changing body Citizenship	Citizenship Health and wellbeing	Health and wellbeing Transition lesson
Year 3	Introductory lesson Family and relationships	Family and relationships Economic wellbeing	Safety and the changing body	Safety and the changing body Citizenship	Citizenship Health and wellbeing	Health and wellbeing Transition lesson
				First Aid: Bites and stings		
Year 4	Introductory lesson Family and relationships	Family and relationships Economic wellbeing	Safety and the changing body	Safety and the changing body Citizenship	Citizenship Health and wellbeing	Health and wellbeing Transition lesson
				First Aid: Asthma		
Year 5	Introductory lesson Family and relationships	Family and relationships Economic wellbeing	Safety and the changing body	Send A Selfie: Ariel Trust	Citizenship Health and wellbeing	Health and wellbeing Transition lesson: responsibilities
				First Aid: Bleeding and Head injuries		
Year 6	Introductory lesson Family and relationships	Family and relationships Economic wellbeing	Safety and the changing body	Safety and the changing body Citizenship	Citizenship Health and wellbeing	Health and wellbeing Identity Transition lesson: Dealing with change Grassing or Grooming
				First Aid: Choking & Basic Life Support		